



Shahid Beheshti

University of Medical Sciences

## Academic Curriculum Vitae

### Seideh Hanieh Alamolhoda, Bsc, MScN, PhD

Assistant professor, Department of Midwifery and Reproductive Health

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#### Research interests:

- Pregnancy
- Normal vaginal delivery
- breastfeeding



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### Education

<u>Year</u>	<u>Degree</u>	<u>Institution</u>	<u>Location</u>
2013-2017	Ph.D. in Reproductive Health with a GPA of 18.90 (eighteen point ninety)	Shahid Beheshti University of Medical Sciences	Tehran, Iran



2007-2009	M.S. with a GPA of 18.87 (eighteen point eighty seven)	Shahid Beheshti University of Medical Sciences	Tehran, Iran
2000-2004	, B.S with a GPA of 18.11 (eighteen point eleven), my final grade is 19.25 (nineteen point twenty five),	Shahid Beheshti University of Medical Sciences	Tehran, Iran

### Professional Experience and Executive Positions

<u>Years</u>	<u>Position</u>	<u>Institution</u>	<u>Location</u>
2022 till now	Research assistant of midwifery and reproductive health department	Shahid Beheshti University of Medical Sciences	School of Nursing and Midwifery
2018 till now	Member of the specialized committee of midwifery and reproductive health department	Shahid Beheshti University of Medical Sciences	School of Nursing and Midwifery
2019-2021	Vice-Chancellor of Postgraduate Education	Shahid Beheshti University of Medical Sciences	School of Nursing and Midwifery
2020 till now	Basij, Responsible for the medical society of the Faculty of Nursing and Midwifery		

### Research- Publications

- Effect of medicinal herbs on primary dysmenorrhoea-a systematic review, P Mirabi, SH Alamolhoda, S Esmailzadeh, F Mojab, Iranian journal of pharmaceutical research: IJPR, 2014, 13 (3), 757.
- Effects of menthol essence and breast milk on the improvement of nipple fissures in breastfeeding women, SAA Akbari, SH Alamolhoda, AA Baghban, P Mirabi, Journal of research in medical sciences: the official journal of Isfahan , 2014.
- Effects of Aloe vera gel on breast fissures in breastfeeding women, SH Alamolhoda, S AmirAliAkbari, AA Baghban, S Esmaili  
Pajoohandeh Journal , 2014, ۱۹(۱), ۱۳-۱۷.
- Association between C-reactive protein and gestational diabetes: a prospective study, SH Alamolhoda, M Yazdkhasti, M Namdari, SJ Zakariayi, P Mirabi, Journal of Obstetrics and Gynaecology2020, ۴۰(۳), ۳۴۹-۳۵۳
- Relationship between maternal hemoglobin level in first trimester with gestational diabetes mellitus. SH Alamolhoda, N Kariman, F Hoseinpanah, HA Majd, Iranian Journal of Endocrinology and Metabolism, 2010, ۱۱ (۶), ۶۶۱-۷۳۴
- Relationship between cigarette smoking and gestational diabetes mellitus, SH Alamolhoda, H Panah, H Alavi Majd, Journal of Advances in Medical and Biomedical Research, ۲۰۱۰. ۱۸(۷۱), ۳۴-۴۱
- The effect of Melissa officinalis extract on the severity of primary dysmenorrhea, P Mirabi, M Namdari, SH Alamolhoda, F Mojab, Iranian Journal of Pharmaceutical Research: IJPR, ۲۰۱۷, ۱۶(Suppl).
- Effects of both Aloe Vera gel and breast milk on the improvement of nipple soreness in lactating women—A randomized controlled trial SH Alamolhoda, P Mirabi, F Mojab, Journal of Herbal Medicine, 2020, ۲۱, ۱۰۰۳۲۷.

- The effects of lemon balm on menstrual bleeding and the systemic manifestation of dysmenorrhea, P Mirabi, SH Alamolhoda, M Yazdkhasti, F Mojab, Iranian Journal of Pharmaceutical Research: IJPR, 2018 ۱۷(Suppl).
- Relationship Between Oxidative Stress Concentration and Postpartum Depression: A Cohort Study, SH Alamolhoda, N Kariman, P Mirabi Iranian Journal of Psychiatry and Behavioral Sciences, 2020 ۱۴(۱) ۶.
- Comparison of Sexual function in oral contraception pills and condom in women referring to health centers of Tehran Shahid Beheshti University of Medical Sciences, S Hajian, Z Sheikhan, M Simbar, A Zahiroddin, S Tork Zahrani... ,The Iranian Journal of Obstetrics, Gynecology and Infertility, 2015, ۱۸(۱۶۷), ۸-۱۵
- The status of adolescent health during the COVID- ۱۹pandemic, SH Alamolhoda, E Zare, M Nasiri, Journal of Medicine and Life, 2022, ۱۵(۵), ۶۷۵
- Trans fatty acids and gestational diabetes mellitus: systematic review, H Alamolhoda, M Simbar, G Asghari, P Mirmiran, F Azizi, Iranian Journal of Endocrinology and Metabolism, 2016, ۱۸(۱), ۶۳-۷۲.
- Adolescent mental health during COVID- ۱۹pandemics: A systematic review, SH Alamolhoda, E Zare, A HakimZadeh, A Zalpour, F Vakili... , International Journal of Adolescent Medicine and Health, 2023, ۳۵(۱), ۴۱-۶۰.
- The effectiveness of low trans-fatty acids dietary pattern in pregnancy and the risk of gestational diabetes mellitus, SH Alamolhoda, M Simbar, P Mirmiran, P Mirabi, Caspian Journal of Internal Medicine, 2019, ۱۰(۲), ۱۹۷.
- Determinants of Dairy Use Status and Effective Factors on Consumption Behaviors based on Health Belief Model, S Roozbahani, SH Alamolhoda, M Rezaee Moradali... ,Health education and health promotion, 2021, ۹(۳), ۲۴۳-۲۴۹.



- Risk of Child ADHD and Low Birth Weight: A Systematic Review Study, SH Alamolhoda, S Haghdoost, N Shariatifar, E Zare, M Ahmadi Doulabi, International Journal of Pediatrics, 2021, 9(9), 14421-14434.
- The impact of gestational diabetes mellitus on motor development in ۱۲-month-old children referred to Qazvin University of Medical Sciences, Iran, SH Alamolhoda, M Ahmadi Doulabi, F Afraz, International Journal of Pediatrics, 2020, 8(12), 12575-12583.
- Effect of low trans-fatty acid intakes on preeclampsia: A randomized controlled trial, SH Alamolhoda, M Simbar, P Mirmiran, P Mirabi, Journal of Research in Medical Sciences: The Official Journal of Isfahan, ۲۰۲۰.
- Diet and Gestational Diabetes Mellitus: A Systematic Review Study, SH Alamolhoda, E Zare, P Mirabi, Current Women's Health Reviews, 2023, 19(1), 42-48.
- Domestic Violence against Women and COVID-19 Quarantine: A Systematic Review Study, SH Alamolhoda, E Zare, MA Doulabi, P Mirabi, Current Women's Health Reviews, 2024, 20 (2), 43-49.
- Does trans fatty acid affect low birth weight? A randomised controlled trial, SH Alamolhoda, G Asghari, P Mirabi, Journal of Obstetrics and Gynaecology ,2022, 42 (6), 2039-2045.
- The effect of magnesium supplementation on the prevention of preeclampsia: A systematic review study, F Bayat, SH Alamolhoda, Shahrahmani, M Amighi, N Shahrahmani, The Iranian Journal of Obstetrics, Gynecology and Infertility 2021, 24 (9), 78-86



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## Books



<b>Year</b>	<b>Authors</b>	<b>Title</b>	<b>Publication Company</b>
<b>2022</b>	<b>Seideh Hanieh Alamolhoda, et al</b>	<b>Pregnancy and birth(4 volums)</b>	<b>Jame Negar</b>
<b>2021</b>	<b>Seideh Hanieh Alamolhoda, et al</b>	<b>Obstetrics and Gynecology</b>	<b>Teimorzadeh</b>